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"What I say unto you I say unto all, WATCH."—Jesus



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THE COMPLETE PLAN
FOR YOU

LET'S LIVE TRIUMPHANTLY!

THEFT IS NEVER PETTY
IN EFFECT

- 1321 **Let's live triumphantly!** Irene Elizabeth Newton
 1324 **Purity: source of strength** James William Lojinger
 1325 **God-employed** Marian Lee Ray
 1328 **Does matter really matter?** Julius Evans
 1330 **The majority of one** John L. Sallinger III
 1334 **Truth breaks the dream!** Carolyn L. Baker
 1336 **Patient perseverance** Jennifer S. Youngman
 1339 **Theme for a never-ending day** (Poem) Cecile Hyatt

EDITORIALS

- 1340 **The complete plan for you**
 1342 **Theft is never petty in effect**

FOR CHILDREN

- 1346 **When Klaus moved** Claire Roselius

TESTIMONIES AND NOTICES

- 1349 **Testimonies of Christian Science Healing**
 1357 **Christian Science Lectures**

[The next issue of the *Sentinel*, August 28, will include articles and an editorial focused on "Senior years, growing years."]

Founded in 1898 by Mary Baker Eddy,
 Author of the Christian Science Textbook,
Science and Health with Key to the Scriptures



Marca Registrada

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“What I say unto you I say unto all, WATCH.” Jesus

Let's live triumphantly!

IRENE ELIZABETH NEWTON

Drab, ineffectual, a loser—these words don't really apply to you or to anyone else. The Psalmist proclaimed: “The works of the Lord are great, sought out of all them that have pleasure therein. His work is honourable and glorious: and his righteousness endureth for ever.”¹ And, “All thy works shall praise thee, O Lord.”² What an inheritance we all have as the wonderful work of God!

Surely, nobody would be satisfied to live a life of mediocrity if he knew that his true, spiritual heritage is eternal progress and his highest usefulness is witnessing to his Father's wonderful nature.

To actively express the integrity, intelligence, and lovingkindness that characterize our real self as God's spiritual creation is our most important work and inevitably leads us to the career where these, and all the other qualities of God we are expressing,

are most needed and will be most appreciated. What employer wouldn't welcome "a workman that needeth not to be ashamed, rightly dividing the word of truth"? ³

A material sense of the Father and of ourselves often produces apathy and discouragement. It would make us believe that we are mortals who are too old or too young; that our talents, health, and nature are hopelessly inadequate; that we can do no more than just get by. At times this false sense may even urge us to give up entirely. The Discoverer and Founder of Christian Science, Mary Baker Eddy, tells us: "Finite man cannot be the image and likeness of the infinite God. A mortal, corporeal, or finite conception of God cannot embrace the glories of limitless, incorporeal Life and Love. Hence the unsatisfied human craving for something better, higher, holier, than is afforded by a material belief in a physical God and man." ⁴

Seeing man as the triumphant work of God was natural to Christ Jesus. He who healed multitudes, fed thousands, and raised the dead recognized God as man's only source. Therefore Jesus never lacked opportunities for right activity or the power to use these opportunities. He knew himself and every other individual as the loved, spiritual offspring of an all-powerful creator, who is constantly expressing Himself and His omnipotence through His creation.

Reasoning from a material point of view instead of the spiritual, we place many barriers in our path. Do we think we can work only in one particular climate or place? Remember Abraham, who was led into one of the greatest spiritual adventures of all time when he obeyed God's call "to go out into a place which he should after receive for an inheritance . . . ; and he went out, not knowing whither he went." ⁵ When God leads, every step is a progressive one.

Do we label ourselves as fitted for, or think we want to do, only certain kinds of work? Then we may be closing the door on something better than we have ever dreamed possible.

Perhaps the argument that would hold us back is that we lack the energy or health to progress. Material sense claims that we are working our way back to the soil from which we mistakenly believe we came. And to perpetuate this dream the senses con-

stantly parade before us pictures of birth, disease, catastrophe, death. But we can rouse ourselves, Christian Science declares. We are not helpless mortals. We can choose to believe God's Word instead of the deceitful senses. Mrs. Eddy implores: "Citizens of the world, accept the 'glorious liberty of the children of God,' and be free! This is your divine right. The illusion of material sense, not divine law, has bound you, entangled your free limbs, crippled your capacities, enfeebled your body, and defaced the tablet of your being."⁶

Do we believe we can't work with people of another race, sex, background, or religion? The Father makes no such divisions among His spiritual offspring. *All* His works are wonderful and perfectly placed by Him in the divine order. As we understand this, we will not find ourselves in an untenable situation. We will be where we can give and receive the highest good.

Do we think our education or our economic level is limiting us? Then let us learn that as God's idea we can't be limited in any way, that each idea reflects the same infinite good, God. The Father's loving care is impartial and knows no bounds. Each idea is an individual witness to God's limitless ability and creativity; each is a delightful and necessary part of His infinite plan. Marvelous things happen when we apply to our experiences the spiritual truths our Father is constantly imparting to us.

Think of this: God eternally expresses His harmonious activity through us as His ideas! Acknowledging this truth, accepting the Father as the source of the ability and direction we need humanly, and consecrating our lives to helping others, we will be about our Father's business. We will increasingly drop off limitations and, in all we put our hands to, succeed!

¹ Ps. 111:2, 3; ² 145:10; ³ II Tim. 2:15; ⁴ *Science and Health with Key to the Scriptures*, pp. 257-258; ⁵ Heb. 11:8; ⁶ *Science and Health*, p. 227.

Purity: source of strength

JAMES WILLIAM LOJINGER

A metallurgist explained that some metals can be treated in the laboratory to approach absolute purity. As they come near 100 percent purity, significant increases in their strength frequently occur.

Similarly, in the measure we purify our thought we are able to eliminate the dross of material concepts, which produce weakness in the form of sickness and sin.

Our laboratory for purifying thought is prayer. Daily, through affirming the purity of our being as God's outcome and denying the false mortal concept of ourselves, we are strengthened by deepening our spiritual understanding of man as the uncontaminated, ideal reflection of God. Of course, it's vital that we conform our thoughts and actions to this truth. Mrs. Eddy writes in the Christian Science textbook, "In proportion to his purity is man perfect" ¹

Our inherent wholeness becomes apparent as we understand the pure, spiritual origin of man. Christ Jesus' recognition of man's origin and true being was powerfully affirmed when he said, "Call no man your father upon the earth: for one is your Father, which is in heaven." ²

This realization of his spiritual origin, reinforced through long hours of prayer, strengthened the Master. Are we prepared to follow his example? Spiritually refreshed and uplifted, he was able to prove for others the wholeness of their real being.

As impurities of character are removed through a better understanding of our true origin and nature, we express more and more spiritual power. We vividly illustrate in our own lives the healing impact of purity.

¹ *Science and Health*, p. 337; ² Matt. 23:9.

God-employed

MARIAN LEE RAY

Are we really ever in business for ourselves? If in our daily work we are expressing Truth, Life, and Love, can't we think of ourselves as God-employed?

The Bible tells us that even at a young age Christ Jesus spoke of being about his Father's business.

Jesus' brief career was surely the most productive and far-reaching ever known. But he took no personal credit for his unparalleled deeds. Throughout his ministry his message was, "The Father that dwelleth in me, he doeth the works,"¹ and, "My Father worketh hitherto, and I work."²

Today, even though we may be listed on official forms as self-employed, we can gratefully recognize that we are not really self-supporting but God-supported. Knowing this frees us in a large measure from claims of "self," such as self-will, self-interest, self-pity.

Humility eliminates the temptation to accept negative suggestions often associated with working for oneself. Although not limited to self-employment, dissatisfaction is one such suggestion. "Is that all there is?" a popular song once asked, and how often merely material goals seem hollow when finally attained! But when we approach our work with the realization that we can express Godlike qualities in serving mankind, work satisfies.

Such a basis also helps to rout the burdensome belief that others are dependent on us personally. Each of God's ideas functions in direct relation to Him. Understanding this, we do not need to feel an anxious sense of responsibility about our employees, our customers, our family. Certainly we need to fulfill all legitimate human obligations. But we also can recognize every-

one as being supplied by God's infinite love. God is caring—not only for us and our business—but for everyone.

The recognition that, as Life's reflection, we evidence unlimited vitality frees us to express dominion over fatigue, even when we are putting in long hours.

The business person who recognizes that there is one Mind, expressed in man, can progressively bring out in practice intelligence, judgment, foresight, and intuition necessary to conduct his affairs wisely and productively. Because God is the only Mind, the unlimited source of spiritual ideas, we can express Mind's abundance in finding fresh ways and means of service. Supply can become apparent and reliable. "Spirit, God, gathers unformed thoughts into their proper channels, and unfolds these thoughts, even as He opens the petals of a holy purpose in order that the purpose may appear,"³ writes Mrs. Eddy.

During the years in which we have earnestly tried to live up to the high standards of Christian Science in the operation of a small family business, needed income has come to us. When specialized helpers have been required, they have appeared. Losses from bad debts have been virtually unknown. Although the nature of the work makes it possible to serve only a handful of clients at a time, on occasions when an account has been terminated, replacements for the work have always been at hand.

Inadequate capital to weather a difficult period? Understanding the metaphysical nature of supply as taught by the Bible lifts thought above fear of lack and the tendency to limit our expectation of good to figures in a ledger. The familiar Bible stories of manna, and water from the rock, of the cruse of oil that did not fail, of Jesus' feeding the multitude, of his directing his disciples to the tax money in the fish's mouth, have lifted the thought of countless readers to a glimpse of divine abundance, wiping out lack in their lives.

The apparent operation of a "domino effect," when A cannot pay his bills until B pays him, while B in turn is waiting for payment from C, who has been adversely affected by some problem beyond his control, is a suggestion that can be reversed. At the time of an impasse of this kind, we recognized that all of God's ideas work together in harmony, mutually blessed rather than

blocked, and that Mind's limitless resources are available to all. We acknowledged that because man is the reflection of God, his supply of everything needful is as constant as God's being. We denied that any material circumstance could ever interpose itself between God and man or cut off God's full expression.

We affirmed that Life's infinite vitality rules out stagnation or stoppage; that Truth is evidenced in integrity; that Spirit is the true substance of man's activity; that divine Love unites all of its ideas in harmony; that Soul corrects what seems discordant; that everyone reflects the same Mind and therefore cannot lack for right ideas; that Principle expresses itself in unvarying order; and that the omnipresence and omnipotence of God, recognized, are a law of right fulfillment for all. Mrs. Eddy's firm statement "Man is tributary to God, Spirit, and to nothing else" ⁴ was held to.

Within a week our customer's large bill was settled, including a portion in dispute, and in turn we received a substantial payment. While we were grateful, our joy was even greater for the proof of the blessing at hand for all.

The business person applying Christian Science to his work can rejoice that God-motivated courage is without penalty. The suggestion may come to question the earlier guidance that led him into self-employment, or wish for the seeming security of being in someone else's employ. But through the prayerful reasoning of Christian Science he can prove that the challenges of self-employment can unfold great good when met with confidence in divine power.

On such a basis work becomes a joy-giving, stable activity in which our needs are met in appropriate ways and with increasing abundance as we recognize God—the real source of activity and supply. Keeping occupied in expressing the God-derived qualities of alertness, vision, and serenity can bring not only prosperity but—more important—spiritual progress for ourselves and benefit for all whom we serve.

¹ John 14:10; ² 5:17; ³ *Science and Health*, p. 506; ⁴ *ibid.*, p. 481.

Does matter really matter?

JULIUS EVANS

Of course matter very definitely seems to matter to those who let it matter. This statement may seem a mere play on words, but it goes much deeper than that. Matter cannot speak for itself. It corresponds to what we think about it. Our acceptance of its claims is the only thing that seems to give it substance or life.

For example, many of the fakirs in India can walk on hot coals without singeing their feet or lie on a nail-studded board without shedding blood. To some extent they have defied certain claims of matter. While it might be foolhardy for most to attempt such feats, these instances do show that the human consciousness can exercise control over matter far beyond what is normally practiced.

Christian Science teaches a wholly different way of mastering matter—mastery of the belief in a mind separate from God. In *Science and Health* Mrs. Eddy advises, "Take possession of your body, and govern its feeling and action." And farther along on the same page she writes: "Have no fear that matter can ache, swell, and be inflamed as the result of a law of any kind, when it is self-evident that matter can have no pain nor inflammation. Your body would suffer no more from tension or wounds than the trunk of a tree which you gash or the electric wire which you stretch, were it not for mortal mind."¹

Thus the real villain in the case of pain or any discord in the body is mortal mind and the fear it engenders in our thought. Just what is mortal mind? It is really only a false belief that there is a mind or power apart from God. It is a lie that would deny the ever-presence and omnipotence of our creator. It is a lie we need not and should not accept. The immediacy and firmness of our rejection of its claims quell fear. When the fear of matter is gone,

matter's supposed ability to dominate our thought is also gone—and healing results.

Paul wrote to the Corinthians, "We are always confident, knowing that, whilst we are at home in the body, we are absent from the Lord."² Does not this imply that while we think of matter and mortality, we cannot be thinking of God? Infinite Spirit and matter are incompatible opposites. When matter insistently demands our attention, claiming to be hurt or pained, we can just as insistently deny its claim and ask, "Who created you? Why should I believe you when I know that God created all that was made? I know it was all good, therefore matter is no part of His creation, and I need not accept the illusion of matter's reality!" When backed by conviction, such statements are more than just words; they establish the truth of our real being in our consciousness—and this is the only place where the illusion of matter can seem to take hold.

What a challenging premise for all right reasoning is found in the divinely inspired "scientific statement of being" in *Science and Health*! Mrs. Eddy writes: "There is no life, truth, intelligence, nor substance in matter. All is infinite Mind and its infinite manifestation, for God is All-in-all. Spirit is immortal Truth; matter is mortal error. Spirit is the real and eternal; matter is the unreal and temporal. Spirit is God, and man is His image and likeness. Therefore man is not material; he is spiritual."³

As one ponders the tremendous import of this revolutionary statement, one realizes that matter really has no life of its own with which to perpetuate itself. Matter does not contain a single element of truth capable of denying the allness of God. Matter has no innate intelligence that can express itself. Matter possesses no substance or true being of its own; its illusory claim to existence is shattered by the perception of Mind's allness.

Time and again Christ Jesus proved his mastery over matter. And he made it clear that this ability was not his alone. "Ye shall know the truth, and the truth shall make you free,"⁴ he said. Free from what? Free from all the false beliefs of matter and mortality—of imperfection, sin, and death.

The allness of Spirit, as revealed in Christian Science, is not a changeable or replaceable theory. It is an eternal fact that can be

tested and consistently proved to be a healing power in our daily lives. Theories concerning matter will continue to develop until the human mind finally accepts the fact that matter is a fabrication of mortal mind. To some degree this awakening is already taking place.

The truths of metaphysics must inevitably replace ever-changing material theories about the world and man. Then matter will no longer matter. Spiritual understanding will reveal the unreality of matter and its self-destructive partner, mortality. And man will be recognized as the perfect, spiritual child of God.

¹ *Science and Health*, p. 393; ² II Cor. 5:6; ³ *Science and Health*, p. 468; ⁴ John 8:32.

The majority of one

JOHN L. SALLINGER III

Early in our education we learn that the numerical value of zero is naught, or nothing, and that no matter how many zeros we may have, whether one or twenty, they still equal nothing. The simple addition, however, of any positive numeral, even the number one, outnumbers nothingness.

Don't practically all of us have experiences that seem quite real to us, yet are no more than zeros? The physical senses are constantly thrusting discords upon us for recognition and acceptance. Some of their names are unemployment, confusion, physical malfunction, fear, and distress. But no matter what the material senses call them, they can all be classified as zeros. Why? Because all of these evils assert the absence of God, the omnipresent and omnipotent. They present their case and support their claims solely through the evidence of the false, physical senses.

The question is, Who or what should we believe? What we materially see, hear, and feel? Or what we know to be true through an understanding of God and His spiritual creation? The latter we discover to be true when we learn the laws and rules of Christian Science. We learn that there is no existence apart from Spirit, God.

The Bible tells us plainly, "All things were made by him."¹ And, "God saw every thing that he had made, and, behold, it was very good."² This last statement declares that *all* God created is good. Then, since God made all and He made only good, that's all that can and does exist! Discords of all kinds—fear, sin, and disease—are only material beliefs. And they are ruled out of consciousness and healed by the knowledge of good's omnipresence, for they are the direct opposites of spiritual good.

If we added up all these material errors, or zeros, what would our sum be? You guessed it—zero, nothing! If we added to these errors a hundred or even a million more such beliefs, what, then, would our answer be? Still zero! But just as in the example in arithmetic, by adding—that is, by understanding—basic, positive Truth, we outnumber and cancel all the zeros in our experience. Mrs. Eddy writes, "Science supports harmony, denies suffering, and destroys it with the divinity of Truth."³

Our readiness to cancel all material beliefs about life and happiness through the understanding of spiritual Truth, to take our stand on the side of God, determines our progress. Our victory over such beliefs is sure if we hold to the spiritual sense of God and His creation, man and the universe. With God as our defender we will not shrink from the confrontation but will confidently face the foe.

Why should zeros all lined up in a row bewilder or befuddle us? Why should we let error move us when we know divine Principle is supporting us? We can stand with Truth and win. Mrs. Eddy writes: "Science has inaugurated the irrepressible conflict between sense and Soul. Mortal thought wars with this sense as one that beateth the air, but Science outmasters it, and ends the warfare. This proves daily that 'one on God's side is a majority.'"⁴

The Bible describes many instances in which one person's un-

failing stand for Principle and Truth prevailed over what seemed to be impossible odds. Elijah was such a person. Centuries before Christ Jesus' demonstration of divine sonship, Elijah was so attuned to the omnipresent, life-giving thoughts emanating from the Father, divine Mind, that he was able to stand alone with God against the four hundred and fifty prophets of Baal. When the children of Israel doubted the omnipotence of God, Elijah challenged these prophets to reveal the power of their god. Nothing happened, for there is nothing to oppose itself to God, the All-in-all. God's almightiness was revealed, and the people declared, "The Lord, he is the God; the Lord, he is the God."⁵

Jesus, alone with divine Life and Love, overcame the cross and the tomb. His career of healing was the natural effect of his understanding man's inseparability from the Father, whom he acknowledged as the source of his power. Recognizing his at-onement with God as His son, Jesus was able to heal what many today would consider incurable—epilepsy, invalidism, blindness, deafness. And he expected those who followed him to demonstrate their own spiritual identity and man's inseparability from good.

Jesus was concerned not in the least with the majority opinion regarding a situation but only with the one spiritual cause. Consider, for example, the raising of Jairus's daughter. Those around him ridiculed him for rejecting the evidence of death, but when he had nullified their negative thoughts with Truth, the young girl arose. God's allness, perceived, was the basis of this demonstration of deathless life, which showed that standing alone with God is being in the majority.

Concerning the Master's own triumph over the grave, Mrs. Eddy says: "The lonely precincts of the tomb gave Jesus a refuge from his foes, a place in which to solve the great problem of being. His three days' work in the sepulchre set the seal of eternity on time. He proved Life to be deathless and Love to be the master of hate. He met and mastered on the basis of Christian Science, the power of Mind over matter, all the claims of medicine, surgery, and hygiene."⁶

False material belief, although held by thousands, could not oppose the healing efficacy of all-powerful, ever-present, all-

knowing Mind acting in one human consciousness. Being in the majority does not depend on numbers but on one's understanding of divine Principle, which reduces error, or animal magnetism, and all its claims to nothingness.

Christ Jesus was the Way-shower. He commanded us to follow his example. The demand for the healing of discords and for moral regeneration is as great today as it was then, and through the revelation of Christian Science we can learn to stand—alone with Truth, if need be—to conquer whatever difficulty presents itself.

Paul admonishes us, "Let this mind be in you, which was also in Christ Jesus."⁷ As we do this and refuse to accept the aggressive mental pictures of man as material, suffering discord and despair, we begin to combat these foes, bringing about changes in our daily experience. No longer will sin, disease, and death seem tangible realities but will be recognized as zeros, or illusions, without a basis or creator. By taking our stand on the side of God and His laws of supreme good, by aligning ourselves with the one infinite Truth, we place ourselves in the majority. And the illusions of discord must give way to what is real.

What zeros are claiming reality in your life—lack, disease, grief, unemployment? You need not wait until tomorrow to face these foes. You can begin now by standing with God, by asserting your present majority with Truth and its certain healing effects. You can effectively deny falsehoods and replace them with the spiritual truth of man as he really exists—perfect as the Father. All the good of your genuine selfhood is demonstrable through this realization, for you have made yourself a majority of one with Truth.

¹ John 1:3; ² Gen. 1:31; ³ *Miscellaneous Writings*, p. 102; ⁴ *ibid.*; ⁵ I Kings 18:39; ⁶ *Science and Health*, p. 44; ⁷ Phil. 2:5.

Truth breaks the dream!

CAROLYN L. BAKER

One night I had a dream. It was horrifying, but right in the middle of it I began filling my thought with the scientific truth revealed in Christian Science. As I did, I suddenly realized I was dreaming and woke up.

"Now I ask, Is there any more reality in the waking dream of mortal existence than in the sleeping dream?" writes Mrs. Eddy in *Science and Health*. She continues: "There cannot be, since whatever appears to be a mortal man is a mortal dream. Take away the mortal mind, and matter has no more sense as a man than it has as a tree. But the spiritual, real man is immortal."¹

Christian Science explains that sin, illness, death, and any in-harmony—all the supposed causes for fear—are part of the one grand incubus that says there is a kind of man other than the man who originates in divine Being. Whether we appear to be in the state called asleep or in the state called awake, this seeming existence apart from God constitutes a dream.

We break this dream of mortal mind by tenaciously clinging to the only reality there is: the one all-harmonious Mind, God. *Science and Health* declares, "You command the situation if you understand that mortal existence is a state of self-deception and not the truth of being."² Anything in our existence that is not spiritual simply isn't! How crucial, then, to rely continually on the spiritual facts of being as our reality tester!

Christ Jesus gave us the parable of the foolish man who built his house on the sand and the wise man who built his house on the rock. When storms beat against the house built on the rock, "it fell not."³ Building consciousness on Truth's verities, we can distinguish spiritual reality from the material dream of evil's assaults. The spiritual facts of being alone enable us to make this

distinction, for Truth incisively penetrates material sense testimony and magnetic emotion, breaking the dream and awakening us to divine Love and Love's flawless image.

Since there is no reality but Love's actualities, perfect God and His perfect image, what we experience is real to the degree it expresses God's perfection. Because sickness or any other in-harmony does not express this perfection, it must be a phase of the material dream.

Through unrelenting familiarity with true being we find the unreality of our dreams becoming increasingly apparent to us, and consequently we become less vulnerable to discords. Also, we find that those difficulties we do meet are more quickly overcome.

"Reason, rightly directed," states Mrs. Eddy, "serves to correct the errors of corporeal sense; but sin, sickness, and death will seem real (even as the experiences of the sleeping dream seem real) until the Science of man's eternal harmony breaks their illusion with the unbroken reality of scientific being."⁴

We have a choice to make: continue to grope fearfully through the dark dream of materiality or embrace the truth that breaks the dream.

¹ *Science and Health*, p. 250; ² *ibid.*, p. 403; ³ Matt. 7:25; ⁴ *Science and Health*, p. 494.

In next week's *Sentinel* four articles and an editorial focus on the senior years and emphasize that they bring with them opportunities for rich, spiritual growth and continued vitality.

**Next
week
in the
Sentinel**

Patient perseverance

JENNIFER S. YOUNGMAN

While employed as a ranger in a national park I backpacked out of the wilderness one evening to another ranger's cabin at the end of a long road. Neither the ranger nor his two-way radio was there. Chagrined, I realized I had no way of notifying employees at the entrance station that I needed to be picked up. Already tired from the trek I had just finished, and discouraged by the rapidly descending darkness, I soberly set out on the final five-mile leg of my trip.

It would have been easy to become frustrated and impatient with the slow progress I was making. But I realized that if I were to stop or to give in to the tears that tempted, it would be even more difficult to reach my destination. As long as I continued to put one foot in front of the other, I knew I would inevitably get there. And not only did I get there; I found that replacing my tired thoughts with thoughts of God's goodness lightened my step along the way.

Isn't it easier to do our necessary tasks without the added weights of frustration and discouragement? Without these extra weights isn't it also easier to find solutions to problems? "Let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us,"¹ the Bible admonishes.

We are sometimes tempted to break down when a difficulty has lingered a long while. "You'll feel better after you've cried" has become a cliché. Nevertheless, the notion still may fool us into believing that briefly letting down our guard will bring momentary relief from the discipline of thought required by prayer. At times like these it is good to remember, "The battle is not yours, but God's."²

Perseverance is hope unswayed. We need not lose the expectation of finding solutions if we know that healing—demonstrated awareness of man's harmonious condition—is inevitable. Perseverance is the refusal to lose hope or to accept as real inharmonious pictures presented to thought.

During these trial periods it is the Christ that sustains us. Christ, Truth, illumines our thought in our search for healing and leads to a clearer understanding of the relation between God and man, loving Father-Mother and loved child.

Becoming discouraged or impatient while desiring healing only delays it, for these attitudes indicate doubt of God's omnipotence. Solving a problem through prayer demands unwavering faith in our ability to draw upon the one, all-inclusive power. We must humbly release responsibility to God. We need to trust in His wisdom and control.

Trust in God affords us much greater relief than do tears or complaining words and makes us able to persevere patiently through trying times until a solution becomes evident. And a solution *will* become evident, just as inevitably as, in the experience cited earlier, I finally reached my living quarters by steadily putting one foot in front of the other. Mrs. Eddy writes in *Science and Health*, "By lifting thought above error, or disease, and contending persistently for truth, you destroy error."³ Anything that contradicts God's power or would interrupt man's unrestricted reflection of His goodness is error. Disease, as one form of error, obscures the harmonious expression of God-derived qualities such as activity, joy, and freedom. Discouragement, frustration, and exhaustion are all errors that can be banished by persistent affirmation of truth—of the fact that God is in control, that He is good and cares for His children (the spiritual identity of you, me, our neighbors, work associates—everybody) in the best possible way.

We will experience these truths in our daily lives if we keep our thought disciplined—that is, centered on God and aware of the fact that man reflects all of His goodness. Then disciplining thought becomes not a burdensome task from which we must have occasional relief but an uplifting process.

God is Spirit, Love, Life. Spirit includes joy; Love imparts

peace; and Life is expressed in freedom. Patient perseverance toward a better understanding of man's harmonious relationship with God, therefore, can only lead to a greater sense of joy, peace, and freedom. "Whoever would demonstrate the healing of Christian Science must abide strictly by its rules, heed every statement, and advance from the rudiments laid down," Mrs. Eddy states. She continues, "There is nothing difficult nor toilsome in this task, when the way is pointed out; but self-denial, sincerity, Christianity, and persistence alone win the prize, as they usually do in every department of life."⁴

"There is nothing difficult nor toilsome in this task" We sometimes tend to believe otherwise when unsolved problems drag on and disciplined thought becomes harder to maintain. But here is the point: Whose battle is it? God's!

A frayed, limited human being looking for healing is not the true picture. We are really God's children, glorying in spiritual understanding. Our part in the healing process consists of trusting wholly in God.

It is important to remain patient, to persevere, and to remember that patience and perseverance come from God. We are not drawing on an exhaustible strength of our own but on God's strength—undepletable, infinite.

Perseverance can be accompanied by patience and bountiful joy. Mrs. Eddy writes, "Be of good cheer; the warfare with one's self is grand; it gives one plenty of employment, and the divine Principle worketh with you,—and obedience crowns persistent effort with everlasting victory."⁵

Ridding ourselves of unnecessary weights such as frustration and discouragement leaves us open to healing, ready to see and to prove the harmony and peace of God's creation. We are included in this creation. Through patient perseverance in working out challenges we will begin to experience more and more beauty, joy, freedom, and healing in our daily lives.

¹ Heb. 12:1; ² II Chron. 20:15; ³ *Science and Health*, p. 400; ⁴ *ibid.*, p. 462; ⁵ *Miscellaneous Writings*, p. 118.

Theme for a never-ending day

I hear the theme
announced in trumpet tones—
I am alive with Christ in God!

I listen, and the theme becomes
a fugue of seven voices,
having no prelude
and no final chords.
Each dawn is vibrant
with its counterpoint of joy.

God is the only Life!
The music of His day unfolds
in deep, unmeasured cadences of Love,
evoked from Soul, impelled by Spirit's breath.
I am at once the listener and the fugue.
Throbbing in ordered pulse and consonant with Mind,
truth is the pristine grandeur of my song.

And when the counterpoint is marked
by silent, measured rests,
I hear the ever-vibrant overtones—
I am alive with Christ in God!

CECILE HYATT

Editorials



GEOFFREY J. BARRATT
Editor

NAOMI PRICE
Associate Editor

NATHAN A. TALBOT
Associate Editor

The complete plan for you

There are many things we plan for: travel, moving house, retirement. Human beings are reassured by a sense of structure—by definable plans that are established for their protection and well-being. Some of our projects for the future go better than others.

We do a better job of planning when we understand that there is a divine plan that relates to all of us always. It's already operating for the benefit of each of us, embracing us all. It is Spirit's "plan" for its own allness, a plan already consummated. When we apprehend this, our plans are less mortal and speculative, more sound and inspired.

What kind of plan is God's plan?

Well, the divine scheme of things does not involve God—Principle, or all-intelligence—moving mortal personalities around on the chessboard of a material world. It does not provide for more intelligence, inspiration, substance, for some individuals than others. It is the plan of universal God, loving man who is born of God.

John, referring to Jesus the Christ, wrote, "As many as received him, to them gave he power to become the sons of God, even to them that believe on his name: which were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God."¹ And Mary Baker Eddy comments on this passage: "The apostle indicates no personal plan of a personal Jehovah, partial and finite; but the possibility of all finding their place in God's great love, the eternal heritage of the Elohim, His sons and daughters. The text is a metaphysical statement of existence as Principle and idea, wherein man and his Maker are inseparable

and eternal.”² That infinite God and man remain inseparable is the core of the divine plan.

Because the divine plan for us is comprehensive, impartial, and total, its applicability is as diverse as are human needs. It can be applied by anyone, across the whole board of human experience and in all eras. It relates to the individual and, by implication, to mankind collectively.

In God’s scheme, providing infinite substance to constitute and sustain man, all are included. Your demonstration of divine substance blesses me and everyone. And mine, you. “In the scientific relation of God to man,” Mrs. Eddy points out, “we find that whatever blesses one blesses all, as Jesus showed with the loaves and the fishes,—Spirit, not matter, being the source of supply.”³

Moses had a highly developed spiritual sense of “the scientific relation of God to man.” It was more acute and insightful than anyone else’s in his time. This made him an extraordinary spiritual leader. It made him the giver of laws—the Ten Commandments—that have endured right into the modern age.

Moses saw God as the one Ego, the great I AM.⁴ To the extent that Moses and the children of Israel allied themselves with the great I AM they prospered, they proved the efficacy of working from the divine plan and living by it. Though they wandered, the glimpse Moses had had of the divine nature and order was compelling. It brought them back on the track, and finally led them to the Promised Land. On the way there, Moses’ sense of the divine Ego resulted in demonstrations of God’s power that are luminous peaks in the history of the Old Testament. Conventional physics might call them miracles—or mirages. But metaphysics shows all were in accord with the divine plan.

The way for us today to define and apply divine law is the same as it always was: we must lose a sense of the mortal ego in a realization of the immortal Ego, God. This reveals God’s plan of salvation. It is a complete plan, being the way to salvation from sickness, sin, decay, anxiety, alienation, wars, and even the darkness of death. “Individuals, as nations, unite harmoniously on the basis of justice, and this is accomplished when self is lost in Love—or God’s own plan of salvation,”⁵ Mrs. Eddy writes.

How do we identify the divine plan and enjoy its benefits? Through prayer, prayer that acknowledges the omniscience of God. Not prayer to change human conditions but prayer that realizes spiritual being. Not prayer that *our* plans come to fulfillment but prayer that affirms the authority of the divine plan. Prayer that denies the claims of evil on a spiritually scientific basis.

If animal magnetism (a Christian metaphysical term for evil) were an entity and if it were intelligent, it might well plan for us sickness, limitation, mortality, despair. But animal magnetism is only a claimant to identity and being. It is a mindless nothing and, at best, could only map out its own demise.

God's plan for infinite goodness is total, full, irresistible, undeniable. Admitting it, even though only in part, we find that our planning—our whole life—goes much better.

GEOFFREY J. BARRATT

¹ John 1:12, 13; ² *Miscellaneous Writings*, p. 182; ³ *Science and Health with Key to the Scriptures*, p. 206; ⁴ See Ex. 3:14; ⁵ *The First Church of Christ, Scientist, and Miscellany*, p. 283.

Theft is never petty in effect

In courts of law petty larceny and grand theft are regarded differently. The penalties for offenses of the first kind can be lighter than for the second. But even if they are remitted by the court, offenders do not escape the consequences of breaking the commandment "Thou shalt not steal."¹ The implications of theft of any kind are so much more serious than people tend to believe. In the court of divine Principle offenders cannot escape detection or sentence, and the penalty is self-imposed.

We may refer to acts of petty theft lightly in Bible terms as "little foxes," but we should remember that in the Song of Solomon we are warned that these foxes are destructive. They "spoil the vines."² We are wise to avoid letting what we may consider petty faults commit depredations on our lives even in very minor ways. They are not as insignificant as we think. They can turn out to have serious repercussions, depriving us of the bene-

fit of much of the good we otherwise would naturally enjoy.

The standard of divine creation is perfection and wholeness. In God there is no fault or flaw, and He allows no defect or depletion in anything He creates. His entire universe—the spiritual universe in which we truly “live, and move, and have our being”³ as ideas of eternal Mind—is pure and totally harmonious. Every individual object of creation is complete, reflecting all the spiritual qualities of divine Life and Love. Each one is governed by the immutable law of God and is incapable of departing one millimeter from the ideal standard of exactness, or of losing one milligram of true substance. Mrs. Eddy says in *Science and Health*, “It is impossible that man should lose aught that is real, when God is all and eternally his.”⁴ This is the truth of being as revealed through the Christ. It is the divine perfection we are entitled to demonstrate as the only and actual fact of our being.

In order to enjoy increasingly this harmony and sufficiency that belong to spiritual identity, we need to demonstrate more and more consistently the high standard of integrity that naturally goes along with this normal state of true, spiritual being. The understanding of God’s law of spiritual sufficiency rules out all tendency to steal or be ungenerous. Who would be tempted to take or withhold anything from another when he knows he has all-sufficiency for all things himself? For the one who is conscious that God, divine good, is “all and eternally his,” dishonesty must be obsolete. He would not even think of robbing another to enrich himself, since he knows he already possesses all that God abundantly gives.

On the other hand, the human being who steals is displaying a lack of understanding of Spirit’s infinite supply and is laying himself open to suffering lack, since, as Christian Science explains, mortal experience is the objectification of mortal thought. In fact, even the apparently insignificant act of stealing a postage stamp can be the “little fox” that will temporarily spoil the entire vineyard of his daily life. The stolen stamp represents a state of poverty-stricken human thought and is liable to be expressed in a state of poverty-stricken human experience far more serious than the price of the stamp.

Any theft, whether grand or petty, is evidence of blindness to the sufficiency of God's generous giving to His children. If one detects in one's thought the temptation to be in the slightest degree dishonest—to steal money or goods, embezzle company funds, cheat on one's income tax return, or to take from a hotel so much as a facecloth that is the property of the management—that temptation should be stifled with the grateful acknowledgment of divine Love's abundant giving, or poverty-stricken thought will take its toll by exacting the just penalty in human experience.

The candy bar that should have been paid for at the store, but was not, is a symbol of our blindness to the abundance of God's generous giving to His idea, man. It can be the mote in the eye that prevents us from seeing clearly the richness of our spiritual inheritance. And then, not seeing it, we are effectively deprived of it. Even such a petty act of dishonesty is a denial of divine Principle's law of sufficiency. It is an admission of our lack of Christly understanding that God invariably and plentifully supplies all our needs. To some extent it shuts us out from full enjoyment of His benefits, and we feel poor.

The Bible says, "God is not mocked: for whatsoever a man soweth, that shall he also reap."⁵ But in fact we sentence ourselves to be impoverished by failing to acknowledge God's benefits. When we replace the negative belief of lack, which was the original cause of the dishonesty, with the understanding of the spiritual truth that God gives us individually all we need, we are no longer tempted to take from others what rightly belongs to them, the penalty of impoverishment is canceled, and we love to do what is right.

NAOMI PRICE

¹ Ex. 20:15; ² S. of Sol. 2:15; ³ Acts 17:28; ⁴ *Science and Health*, p. 302; ⁵ Gal. 6:7.

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When Klaus moved

Claire Roselius



[Original in German]

Have you ever moved into a new house or apartment? Moving is exciting. There's a lot going on and many interesting changes.

Klaus moved with his parents into a beautiful new building. They were all happy with their new rooms, new surroundings, new neighbors. But suddenly Klaus became afraid—a new school! He had loved his old school and his teacher and friends. When he thought about the new school, his fear got bigger and bigger. And then all at once vacation was over, and he had to get ready for his new class.

What would the children be like? Perhaps they would tease him or make fun of him. Then he remembered the best way to help himself, the way he had learned in Sunday School. He began to pray, thinking of the Lord's Prayer that Christ Jesus gave us: ¹

“Our Father which art in heaven, Hallowed be thy name. Thy kingdom come.”

God's kingdom is always here, he said to himself. Thy kingdom is really everywhere, so there is no evil anywhere.

“Thy will be done in earth, as it is in heaven.”

Klaus understood clearly that it isn’t God’s will for one of His children to be sad or treated badly. All His children are always safe.

When he came to the words “deliver us from evil,” he realized he could never really be afraid. He knew very clearly that where God is, there can be no evil, since God is All, and He includes only good. Then he finished his prayer:

“For thine is the kingdom, and the power, and the glory, for ever.”

With great confidence Klaus said to himself: We’re all in His kingdom. God is protecting the others at school as well as me, and none of us needs to be afraid.

Klaus went to his new class feeling contented. The teacher greeted him in a friendly way. There were two empty seats in the classroom, one for him and one for another new boy. When it was time for recess, the teacher told the class that they should play nicely with the new boys. They were all very happy with each other. Klaus was so pleased and grateful that everything had gone well. He was sure his prayer had helped not only himself but also the other new boy and the whole class. He told his family that he liked the new class and the new teacher even better than his old ones.

Klaus told about this at the Wednesday testimony meeting in his church. He said he had learned through Christian Science that you never have to be afraid of something that isn’t real at all. Only the good is real.

In Mary Baker Eddy’s hymn we sing, “His arm encircles me, and mine, and all.”² We’re all encircled by God’s love, so we can feel only love.

¹ See Matt. 6:9-13; ² *Christian Science Hymnal*, No. 207.

Testimonies of Christian Science Healing

Sometimes we receive a healing in Christian Science that is so intimate, so meaningful, that one hesitates to speak of it. Such a healing came to me over two years ago.

I had suffered for about three years with severe hernia, a condition supposedly requiring surgery to repair. I was wearing a support and was, in general, greatly inconvenienced. I knew that this condition could be healed in Christian Science, for another member of our family had had such a healing earlier. I was praying—treating myself daily—but seemed to be getting no results physically, although there was evidence of gradual growth Spiritward.

One day I was reading in the chapter “Prayer” in *Science and Health with Key to the Scriptures*, where Mary Baker Eddy says (p. 2), “We can do more for ourselves by humble fervent petitions, but the All-loving does not grant them simply on the ground of lip-service, for He already knows all.” This statement is quite familiar, and I had read it previously countless times, but always before, I think, the word “fervent” stood out. This time, the word “humble” strongly impressed me, and I thought, “Yes, I need the humility to ask for help in solving this problem.” So, at the first opportunity, I shyly mentioned the condition to a member of the family who is an experienced Christian Science practitioner.

That individual was quiet for a moment, and I knew that the truth of my perfect state, reflecting the divine nature, was

The statements made in these testimonies with regard to healings have been carefully verified. The original testimonies and their respective verifications are on file for reference with The Christian Science Publishing Society.—THE EDITORS.

silently being declared. Then we went on to other things, and I rather forgot the situation. About a week later I suddenly realized I had received an immediate healing of the hernia. For some reason I didn't mention the healing to the practitioner at once. In fact, I made mention of it to another individual, later, before telling the practitioner. It wasn't that I was ungrateful, but the whole disorder had apparently removed itself from memory.

Then the question arose, "Was my work for myself, over a three-year period, ineffective?" I thought not. It seemed to me rather that the work I had done was preparing me, so that when the clear thought of the practitioner was applied to the situation, I was ready to accept instantaneous healing. And I had learned a lesson in humility. I am most grateful for this healing, not only for the physical relief but for what I have learned in the application of Christian Science. In *Science and Health* we read (pp. 66-67), "The furnace separates the gold from the dross that the precious metal may be graven with the image of God."

I am grateful for class instruction in Christian Science and for membership in The Mother Church for over sixty years.

ERNEST W. STONE
Peoria, Illinois



There have been full proofs of the efficacy of Christian Science in every department of my life. Mrs. Eddy writes in *Science and Health* (p. 300), "So far as the scientific statement as to man is understood, it can be proved and will bring to light the true reflection of God—the real man, or the *new* man (as St. Paul has it)." This sure means of working out one's salvation with present practical proof is, to me, the crowning glory of this Science. For the degree of regeneration thus far accomplished, I am most thankful.

Our children were born at home under Christian Science treatment, and with Christian Science nurses. In each case a doctor was found who was willing to come for the delivery. The first birth was painless, which amazed the attending physician

at that time. The second delivery was quick but not quite as harmonious, which taught me the lesson that one cannot coast on a former demonstration.

I saw many problems met in the rearing of our two girls. The younger girl had an outstanding healing of ivy poisoning, which occurred when she was away at school. Some ivy had been burned on the school grounds, and all the children came down with aggravated cases. I could hardly recognize our daughter when she came home. In just a few days, through the prayerful treatment of a Christian Science practitioner, the swelling and inflammation disappeared, except for one small spot on her arm. The handling of fear and the refuting of false material law, accompanied by radical reliance on God, brought about this quick release from suffering and discomfort. She went back to school. Although it appeared the spot was going to cause further difficulties, this too was quickly healed.

Our elder daughter was in a head-on automobile accident just as she was finishing college. When she phoned me she said that one leg seemed to be dislocated, as it was not functioning normally, and she had cuts all over her face and hands from broken glass. She had been taken to a hospital but was refusing to be admitted. I called for help from a practitioner and prayed myself, realizing God's ever-present love and care.

As I was on the East Coast and she was in the Midwest, there was no possibility of my getting there to take her home. This need was met by a Christian Scientist who had been part of the group, though not in the same car. She took our daughter to a motel, and then back to school the next day. The teaching of Mrs. Eddy of what to do when an accident occurs was strictly adhered to. In *Science and Health* we read (p. 397), "Declare that you are not hurt and understand the reason why, and you will find the ensuing good effects to be in exact proportion to your disbelief in physics, and your fidelity to divine metaphysics, confidence in God as All, which the Scriptures declare Him to be."

The healing came about beautifully. In a few weeks our daughter was again taking part in sports and other normal activities. The cuts and bruises healed without leaving a mark.

More recently I had occasion to utilize this explanation,

regarding handling of accident, when I placed my hand on a red-hot stove. The evidence of a badly burned hand disappeared before my eyes while I continued to prepare lunch. My husband was much impressed with this practically instantaneous healing. I feel that my increased desire to disbelieve in physics as true law contributed to this quick healing.

Christian Science has been a perfect comforter to me when close relatives have passed on. Its clear teaching of God as Life has enabled me to enjoy, at least in part, the fulfillment of Christ Jesus' promise (John 8:51), "If a man keep my saying, he shall never see death."

I am especially grateful for the joy I have found in following this path of light, and for the freedom and health I have enjoyed.

(Mrs.) MARIANNE E. WARD
New Haven, Connecticut



Some thirty years ago an operation was to be performed on me for a lump in the breast. There had been two previous operations. I had begun to attend Christian Science church services and was studying Christian Science a little, but was not relying on it for healing.

A testimony at a Wednesday evening meeting alerted me to the power of prayer, and after the service I asked an usher how to locate a practitioner. A copy of *The Christian Science Journal* was given to me, and the listing of practitioners pointed out. I called one and arranged an appointment for the next day.

At the talk with the practitioner I was shown that the condition to be healed was more fundamental than a condition of matter. A healing of thought through prayer was needed. There was fear and hatred to be overcome. She gave me some citations to study from the Bible and from *Science and Health* by Mrs. Eddy. The citations were about Spirit and spiritual being.

Since an appointment had been arranged with the surgeon prior to my seeking help in Christian Science, and since my

family was expecting me to keep the appointment, I told the practitioner I would do so. The surgeon pronounced the breast soft, and perfectly well, and plans for the third surgery were canceled. In that intervening two weeks there had been a complete and permanent healing.

At the time of my first visit to the practitioner I knew so little of Science it had not occurred to me to mention other physical disorders to the practitioner, or that I was taking medicine for them. (This was lack of understanding on my part, rather than any intention to conceal.) A few months later, while I was studying *Science and Health*, spiritual illumination enfolded me, and I realized that medicine was not necessary for *any* physical discord. For over fifteen years I had been taking large doses of thyroid extract daily, without which physicians had predicted I could not live. However, I discarded that medicine and have never taken it from that day to this. The healing of low metabolism has been complete and permanent.

These early healings through Christian Science have been of strong inspiration to me, and I am grateful for them. I am thankful, too, for other healings since then, as needs have been met and inharmony overcome through the study of Christian Science. I greatly appreciate practitioners who help us upon request.

Membership in The Mother Church and in a branch church is a joy that I value more than ever. Church is a wonderful blessing to me.

(Mrs.) HELEN S. MUESER
Portola Valley, California



I have always loved God, and as a child I respected, without understanding, the Holy Bible. I was always delicate, "below par," my mother used to say. When I was twenty-seven years old I attended a testimony meeting in a branch Church of Christ, Scientist, in Wellington, with my mother-in-law and father-in-law. My husband and I were living in Auckland, and I was visiting his parents to introduce them to their two-and-a-

half-year-old granddaughter, whom they were longing to meet. At that time all I knew of Christian Science was that, in Auckland, a beautiful church edifice had just been built.

After attending that testimony meeting I was immediately healed of constipation and recurring attacks of inflammation of kidneys and bladder, and attacks of laryngitis; and I grew strong and well. I didn't fully realize for some months that I was healed of these distressing complaints. But I was aware of a great upliftment of thought and a longing to attend the Christian Science church services when I returned to Auckland.

I began to read Christian Science literature, and soon to study the Bible Lesson in the *Christian Science Quarterly*. At last I found I could understand the Bible, and what a revelation it was! I remember the spiritual joy I felt when I found in *Science and Health* by Mrs. Eddy, in the Glossary, the definition of "angels." The opening words are (p. 581): "God's thoughts passing to man."

These words were constantly ringing happily in my consciousness for weeks. Later I was equally uplifted when I studied the remaining lines in the same definition, "... spiritual intuitions, pure and perfect; the inspiration of goodness, purity, and immortality, counteracting all evil, sensuality, and mortality." How encouraging to live with this knowledge and to be able to apply it daily!

About this time, I was glad too to practice, "Be still, and know that I am God" (Ps. 46:10). This helped me on the many occasions when error tempted me to worry. "How foolish it is to worry," I would realize. "'Be still, and know that I am God,' and we are all in His omnipotent, omnipresent, and omniactive care." And then I was calm, resting and trusting in God, who is altogether loving.

And so my life has been transformed, and even in times of sorrow I am aware of the support of God's "everlasting arms" (Deut. 33:27). To me, Christian Science is the true interpretation of the Bible, and a teaching that helps us upward at all times in every way.

When a child, I was sent to Sunday Schools in four orthodox churches, and in addition, I knew something of a number of

philosophies, including theosophy and Indian teachings. What a contrast to the demonstrable truths I have found in divine Science, the Comforter, promised by Christ Jesus.

I can never find words to adequately express my deep gratitude for the inspiration Christian Science brings unceasingly into my life.

(Mrs.) PHYLLIS V. BROWN
Brown's Bay, Auckland, New Zealand



As a regular pupil of a Christian Science Sunday School, I would like to express my gratitude to God for His loving care, and for Mrs. Eddy for giving us the Christian Science textbook, *Science and Health with Key to the Scriptures*.

I would like to relate two healings that I have had through complete reliance on Christian Science. One night I was awakened by a severe pain in my ear. I tried to ignore it and go back to sleep, but the pain persisted. I decided to turn to my *Science and Health* and read "the scientific statement of being" on page 468. The truths in that paragraph were very understandable, but the pain continued. So I decided to call a Christian Science practitioner, who gave me some helpful thoughts. She made it very clear to me that there couldn't be any pain or aches in the presence of God. It was also brought out that ears are for listening, listening for good—and that God is good. We worked together to understand better that ears represent spiritual perception, and that God-given faculties can't be disturbed. Later on when I spoke to the practitioner, we reasoned that we must close our ears to error and open them wide to good, and then I could no longer be disturbed by suggestions of error.

I also enjoyed listening to a record entitled "Faculties Indestructible," which I purchased at a Christian Science Reading Room. It brought out a very good point from *Science and Health* (p. 488): "If it were possible for the real senses of man to be injured, Soul could reproduce them in all their perfection; but they cannot be disturbed nor destroyed, since they exist in immortal Mind, not in matter."

In several days I was hearing perfectly, and the pain, rumbling, and popping ceased at the same time.

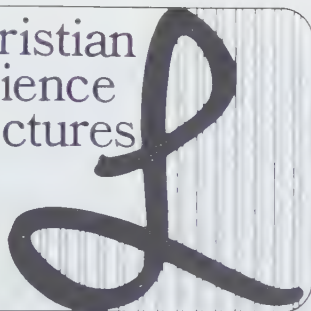
I am very grateful for the wonderful truths I have learned in the Christian Science Sunday School, which we can use hourly.

Another healing I had, which impressed me very much, occurred two summers ago. One day it started to rain quite hard, and I remembered that our car windows were open. As I hurriedly opened the front door of our home to go outside to close the car windows, I hit my hand with such force against the doorknob that momentarily the pain was excruciating. Later as I was preparing my lunch, I became aware of discoloration and a large lump, and I was still in pain. I immediately knew that there are no accidents in God's kingdom; that I could not lose my perfect identity as the child of God; and that nothing hurtful had happened or could happen to me.

I decided to work with some passages from *Science and Health*, and the one that stood out most helpfully to me was (p. 368), "The greatest wrong is but a supposititious opposite of the highest right." I thought of an idea I had gained from an article that had appeared in the Christian Science periodicals that man is not a mortal separated from God, vainly trying to reflect Him; man *is* reflection. I could see I was not a mortal capable of being harmed, and this helped me to turn my thought to Spirit rather than matter. Within two days the discoloration, the pain, and the lump were no longer there. The whole experience was just like a dream. I rejoice with the following verse from the Bible (II Pet. 3:14): "Wherefore, beloved, seeing that ye look for such things, be diligent that ye may be found of him in peace, without spot, and blameless."

ROBERT RAYMOND
St. Louis, Missouri

Christian Science Lectures



Everyone is cordially invited to these free lectures.

‡Indicates Children's Room available during lectures. Details should be obtained locally.

ENGLAND

CUMBRIA—Windermere: The Lakes School, 3 p.m., Sun., Sept. 17.‡ "The Touch of Spirit" (Clarke)

DORSET—Bridport: Colfox School Hall, Beaminster Rd., 3 p.m., Sat., Sept. 23. "The Touch of Spirit" (Clarke)

WEST SUSSEX—Worthing (First): Assembly Hall, Stoke Abbott Rd., 7:30 p.m., Thurs., Sept. 21.‡ "The Touch of Spirit" (Clarke)

WEST YORKSHIRE—Bradford (First): Library Theatre, Princes Way, 8 p.m., Tues., Sept. 19. "The Touch of Spirit" (Clarke)

FEDERAL REPUBLIC OF GERMANY

Esslingen: Stadthalle Esslingen, Kleiner Saal, Entengrabenstr., 3:30 p.m., Sun., Sept. 17.‡ In German. "With God Done—Well Done" (Schindler)

SWITZERLAND

Basel: Church, 2 Picassoplatz, 8 p.m., Thurs., Sept. 21. In German. "With God Done—Well Done" (Schindler)

St. Gall: Church, 2 Böcklinstr., 8 p.m., Fri., Sept. 22. In German. "With God Done—Well Done" (Schindler)

Zürich: Church, 2 Merkurst., 5 p.m., Sat., Sept. 23.‡ In German. "With God Done—Well Done" (Schindler)

AFRICA

NIGERIA—Aba: See local publicity for place and time. Sat., Oct. 21. Translated into Igbo. "The Search for Life" (McGrew)

Port Harcourt: See local publicity for place and time. Tues., Oct. 17. "The Search for Life" (McGrew)

AUSTRALIA

NEW SOUTH WALES—Sydney (First): Church, Forbes and Liverpool Sts., 8 p.m., Fri., Oct. 20. "Reality: Matter or Mind?" (Ferris)

VICTORIA—Bendigo: City Hall, Lyttleton Ter., 3:15 p.m., Sun., Oct. 15.‡ "Reality: Matter or Mind?" (Ferris)

UNITED STATES

(Week of September 3 to 9)

ARKANSAS—Blytheville: Public Library, 200 N. Fifth St., 8 p.m., Fri., Sept. 8. "The Power of God" (Rivas)

COLORADO—Aurora: North Middle School, Montview Blvd. and Peoria St. See local publicity for time. Sat., Sept. 9.‡ "Evil: Its Nature and Demise" (Spencer)

Longmont: See local publicity for location. 8 p.m., Thurs., Sept. 7.‡ "There's Only One Real Ego" (Correll)

ILLINOIS—Chicago (Seventeenth): Church, 55 E. Wacker Dr., 12 m., Sat., Sept. 9.‡ "Why Spiritual Healing?" (McClain)

Midlothian: Church, 14722 S. Kostner, 3:30 p.m., Sat., Sept. 9. "Why Spiritual Healing?" (McClain)

Wheaton: Church, 327 N. Main St., 8 p.m., Fri., Sept. 8.‡ "Why Spiritual Healing?" (McClain)

LOUISIANA—New Orleans (First): Monteleone Hotel, 214 Royal St., 8 p.m., Tues., Sept. 5. ‡ "The Power of God" (Rivas)

MAINE—Auburn: See local publicity for location. 8 p.m., Sat., Sept. 9. ‡ "No, You're Not Trapped!" (Leever)

MONTANA—Billings: Church, 7 Burlington Ave., 3 p.m., Sat., Sept. 9. ‡ "The Spiritual Viewpoint" (Correll)

WISCONSIN—Chippewa Falls: Church, Grand Ave. and Pine St., 8 p.m., Tues., Sept. 5. "Why Spiritual Healing?" (McClain)

Platteville: Church, 200 N. Court, 8 p.m., Thurs., Sept. 7. ‡ "Where in the World Is God?" (McClain)

Waupaca: Church, 420 N. Harrison St., 3 p.m., Sun., Sept. 3. "Where in the World Is God?" (McClain)

[These lectures are given by members of the Board of Lectureship of The Mother Church, The First Church of Christ, Scientist, in Boston, Massachusetts, U.S.A.]

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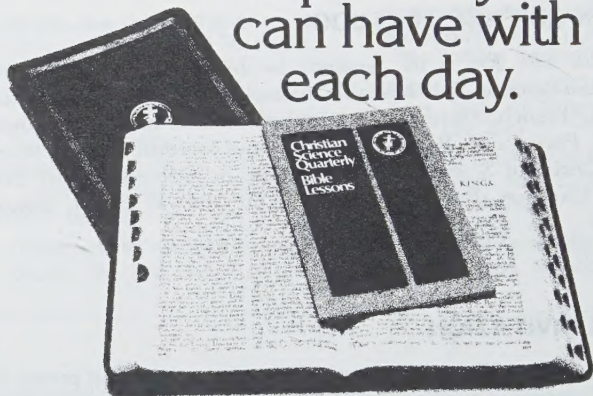
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